



Communion and Children

1 Corinthians 11:26 *When you eat the bread and drink the cup, you are announcing the Lord's death until he comes again.*

Today in your child's class, we explained the elements of communion and the guidelines the Bible gives us when we observe communion. Children are welcome to participate in communion if they understand what this time represents. To make communion meaningful for your child, you may wish to have a conversation with them to guarantee their full understanding. These are the points we highlighted today:

WHY DO WE TAKE COMMUNION – In Matthew 26:26, Jesus told the disciples to **eat the bread to remember his body that was going to be broken on the cross.** He also told his disciples to **drink from the cup to remember his blood that would be shed on the cross for the forgiveness of sins.**

BEFORE COMMUNION WE SHOULD – **Make sure that we have asked Jesus into our heart.** Have you asked Jesus to forgive you of your sins and ask him into your heart to be your Savior? (see attached information to help your child accept Jesus as their personal Savior)

WHAT TO DO WHEN YOU TAKE COMMUNION

1. Pray and ask God to show us any sin in our lives that needs to be forgiven and ask for forgiveness and a clean heart.
2. Tell God that you remember that Jesus gave his body and blood and that he died for our sins to be forgiven
3. Thank God for his love for you and take of communion.



Remember... When your child is first taking communion it is your job to model.

X-ploers Start by praying out loud and having your child repeat after you. This will help you be sure that your child understands!

K'motion Allow your child to pray out loud and listen to make sure that your child remembers what communion represents.

G-force- Check in with your child. Kids need reminders about why we do things sometimes!

Thank you for the opportunity to serve your children. It is a joy to see them grow in their faith and in their relationship with God.

Julie Dillow and Rita Hinton